

Progesterone in Oil Injection Instructions



Below are instructions for preparation and injection of progesterone in oil. Needle size may vary as each health care provider may vary in what he or she instructs patients to use.

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1. Wash your hands and make sure the surface on which you are working is clean

2. Clean top of progesterone in oil vial with an alcohol swab or cotton swab soaked with alcohol.



3. Using a 3cc/ml syringe with 1-1/2 inch needle draw back 1cc/ml of air



4. Turn the vial upside down and inject 1cc/ml of air then making sure that the needle is below the liquid level draw back the prescribed amount of medication.



5. Remove the needle from the vial. Twist off the 18 gauge needle (on the plastic part of the bottom of the syringe) and attach a new 1-1/2 inch needle to the 3cc/ml syringe with progesterone in oil.



6. With the needle pointed toward the ceiling, flick the side of the syringe to dispense any air bubbles in the syringe.

7. Push the plunger gently to expel any air from the syringe and until a few drops of liquid come out of the top of the needle.



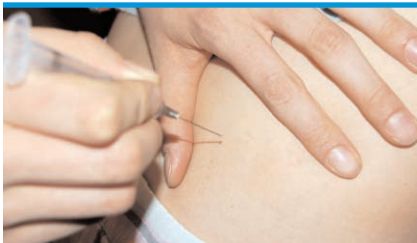
Progesterone in Oil Injection Instructions *(continued)*



8. Cleanse your selected injection site with an alcohol swab and allow site to dry



9. Hold the syringe in dominant hand as you would a pencil. With your other hand firmly stretch the skin at the injection site.



10. Hold the syringe with the needle pointing at a 90 degree angle directed at the injections side. With a swift, dart like motion insert the entire needle into the skin



11. Use your non dominant hand to hold the syringe and pull back the plunger on the syringe. If when you do this you see blood, do not inject the medication as you may have accidentally hit a blood vessel. Withdraw the needle and discard the needle, syringe and medication. Return to step one to prepare another dose of medication and choose a different injection site.

12. If you do not see blood in the syringe slowly push the plunger to inject the medication in the syringe into the muscle.



13. Remove the needle from the injection site. Dispose of needle in sharps container. Never reuse needles that have been already used for injection or use needles that have been contaminated



14. With a dry clean cotton swab apply pressure to the injection site to stop any bleeding that may have occurred as a result of the injection. Massage the area gently to dispense medication and alleviate discomfort. Apply adhesive bandage if necessary.